

# AFTER-SHIFT CHECKLIST

## 1. Empty pockets. Place in storage bins:

- Shoes
- Phone, keys, pocket items
- Dirty clothes

## 2. Shower, dress in clean clothes

## 3. Wash dirty clothes

## 4. Clean work gear/equipment:

- Spray bleach/cleaning solution on shoes
- Wipe down phone, keys, pocket items
- Clean equipment (*\*follow manufacturer guidelines*)

## 5. Retrace steps. Wipe down anything you've touched:

- Door handles
- Gates
- Car door
- Steering wheel
- Storage bin

## 6. Place gear in garage/car for decontamination

## 7. Wash hands